

exuding style and confidence

A lot has been said and written about the right kind of office wear for men. Today's metro-sexual man is as aware of dressing for success as his female counterpart. Paying attention to looking professional and well groomed at your workplace exudes style as well as confidence. Maintaining a meticulous and thorough appearance also conveys an eye for detail towards your work. Office wear should be stylish, impressive, smart, but above all comfortable.

Well-fitting clothes will make you feel more confident as well as smart.



Keeping it smart yet simple

Today's professional woman is as much geared towards asserting herself in the workplace as men. Your work wear should therefore ooze confidence and professionalism. While your outfits should be smart, yet simple, they certainly don't have to be dull and boring. New style power dressing is about being smart without being flashy.

Real power dressing is about looking smart and feeling comfortable and confident about the way you look. It demands a positive attitude, which you will never achieve if you don't like what you see in the mirror.





WEB ACCESS TK1023014

DREAMY LOCATION

This appealing home is set in a cul-de-sac and offers a comfortable and functional open-plan lifestyle which is ideal for a family. With its superb finishes throughout, sparkling pool in a patio setting and serene north-facing mountain views, it's the epitome of privacy and stylishness.



Igna de Villiers 082 884 8492, **Hayley van der Merwe** 082 926 8587



food & wine

By Louise van Niekerk

festive summer salads...

...and wines to complement them. Gone are the days when salad was just a side dish of lettuce topped with tomatoes, onions and a splash of supermarket dressing. Today, salads contain a variety of tasty fresh ingredients and dressings made from vinegars, herbs, spices and oils prepared in your own kitchen. During our hot summer months, salads can be served as dishes in their own right and enjoyed with a variety of our excellent local wines.

Salads are quick and easy to prepare and a variety of tasty ingredients can be included. You can complement or replace lettuce with other vegetables and fresh herbs, add some chopped nuts and a dash of fresh lemon or orange juice.

Salad: mixed, fresh salad leaves, dill sprigs

Per serving

- ½ fresh mango, peeled
- one smoked chicken breast fillet, cut into strips or thin pieces
- three – four slices white cheese (parmesan, pecorino, mozzarella)

Method

Tear salad leaves and pack a basis on a large platter if large salad is made or arrange each serving on individual plates. Cut the “cheeks” of the mango with a sharp, not serrated, knife on either side of the pit and cut into slices. Make a “stack” of the chicken strips and mango slices. Sprinkle with caramel nuts. Garnish with dill sprigs.

Variations

Lightly fry strips of haloumi or mozzarella cheese and add onto salad ... then sit back and enjoy with a glass of wine.

What could be nicer than unwinding at the end of a long, hot summer’s day with a glass of crisp white wine as you whip up a fresh summer salad?

A gift of award-winning wine

The Groote Post Reserve Sauvignon Blanc 2009 recently won a double gold award at the Michelangelo International Wine Awards! This elegant, vibrant and refined wine from top-quality fruit is a perfect match for food. It is described as an established and award-winning pedigree. It has a light straw colour with dusky, green pepper and asparagus on the nose and a full and lingering finish that is well rounded. Read more at eWine: www.ewine.co.za/southafricanwine, e-mail Michelle at sales@grootepost.co.za or call 022 492 2825.



Smoked chicken salad with mango, cheese and caramel nuts

Mangos are freely available in summer. Try this tasty mango salad from the South African Mango Growers’ Association. You can substitute the smoked chicken with cooked breast fillet strips, beef or pork strips, shrimps or flaked white fish. It can also be served as a light meal when served with freshly baked bread.

Ingredients

- caramel nuts
- a little olive oil (± 30 ml)
- 100 g pecan, cashew or macadamia nuts
- 60 ml (¼ cup) castor sugar
- salt and ground black pepper to taste

Method

Cover the bottom of a non-stick pan with olive oil and heat. Sprinkle nuts to cover base (thus a single layer of nuts). Stir-fry continuously until nuts are warmed through. Sprinkle with castor sugar and stir-fry until the sugar has melted and begin to caramelize. Turn nuts over onto the work surface, a sheet of aluminium foil or baking paper. Grind salt and black pepper over. Leave to cool and break into pieces.

DULLSTROOM, MPUMALANGA

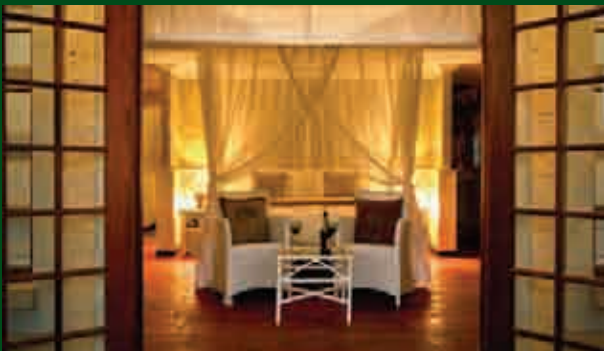
FROM R820 000



WEB ACCESS 1DS485409

COUNTRY CHIC

This brand-new, luxury development offers 5 unique and stylishly contained private suites, as well as an outside Jacuzzi for communal use. Located in the central hub of Dullstroom, it's close to all amenities and promises an excellent rental income. Each luxury suite is fully furnished according to its own theme.



Alison Hefer 072 527 3681, Office 013 254 0205

SOUTHERN SHORE, MOZAMBIQUE

FROM R1.45 MILLION



WEB ACCESS MOZ1013010



A SERENE BEACHFRONT HOLIDAY HOME ESTATE

Kubali Beach Lodge, situated near Chidenguele in the sought-after region of Southern Shore, 2 hours north of Mozambique's capital, Maputo. Choose from 2-, 3- and 4-bedroom villas with rim-flow pools and sundecks overlooking the magnificent Indian Ocean. The range of activities on offer is endless – fill your days soaking up the sun or taking part in action-filled excursions, like deep-sea fishing, scuba diving and sea kayaking, or take a day trip to nearby islands or the Mozambique Elephant Reserve. Take the opportunity now to invest in a house of your own on the sun-drenched coast of Mozambique.



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Zimbali

a piece of paradise

Zimbali Coastal Resort,
Pam Golding Properties

Purpose-developed as one of the finest coastal residential and resort estates in southern Africa, Zimbali exists as an oasis of stylish living.

Zimbali's appeal is that residents and guests create new living experiences for themselves within a naturally beautiful environment. There is a wonderful mix of tranquillity, sophisticated entertaining, sensual relaxation, opportunities to take long walks on empty beaches or along shaded forest footpaths, catch glimpses of exquisite butterflies, watch

mischievous monkeys at play or resident bushbuck grazing, ride horses, play tennis or engage in a challenging round of golf. This casual coastal lifestyle is what makes Zimbali so impressive.

Many fast-moving and shakers from South Africa as well as from around the globe have decided to relocate to this spacious estate, on a permanent or semi-permanent basis, to unclutter their lives and de-stress in the blissfully serene surroundings, which this nature sanctuary has to offer.



Imagine a place where endless golden beaches divide the warm Indian Ocean and the lush coastal vegetation, a place where schools of dolphins frolic in the waves and gentle whale sharks cruise lazily by, a place where shy blue duiker and families of bush buck wander through indigenous gardens, a place with two private championship signature golf courses in your immediate backyard, a place with world-class hotels with rim flow pools that captivate your imagination and delight your senses.

Welcome to paradise. Welcome to Zimbali.

Zimbali epitomises style and elegance, which are expressed through the design of its homes, hotels and facilities. The rare interaction with nature is a result of the implementation on every level of management of the estate of the founding ethos of "Living in Harmony with Nature". It is a destination where the most discerning of residents and tourists will feel at ease.

Zimbali is only 10 minutes from the new King Shaka International Airport, completed in April 2010, and is easily accessed from new off-ramps on the existing N3 freeway. There is really no reason not to live in arguably the premium residential and golf estate on the South African north coast. It has a range of properties to suite your budget, including freehold homes, sectional title units and freehold land sites.

But if you are not in the market to buy, you can still enjoy the serenity and tranquillity of this beautiful coastal resort by booking at Zimbali Lodge for a weekend. This five-star boutique hotel overlooks the Indian Ocean and is surrounded by lush vegetation and beautiful indigenous gardens. The resort also has self-catering chalets, apartments and villas for rental.



The recently completed five-star Fairmont Hotel on the beachfront of the estate offers all the luxury that a five-star hotel has to offer and epitomises the style, class and comfort that the estate has become known for.

Clive Greene from Pam Golding Estate comments: "Zimbali Estate has won numerous awards throughout the world as the top lifestyle estate. We have a range of properties ranging from R4 million up to R40 million. This estate offers security and exceptional investment opportunities as growth in prices have been phenomenal in the past six years. The huge bonus of having the new King Shaka International Airport a mere 10 minutes away is just another reason why you should choose to live in this prestigious estate."



Public sector appointments



Ms R Rasikhinya

Deputy Director-General (DDG):

Finance and Supply Chain Management, Department of Home Affairs

Rudzani Rasikhinya holds a Bachelor of Commerce (B Com) degree, a B Compt (Honours), B.Com Honours degree as well as a Chartered Accountant (CA) qualification. A registered CA, Rasikhinya previously worked at National Treasury as Chief Director: Accounting Support and Reporting. As DDG: Finance and Supply Chain Management, Ms Rasikhinya will be responsible for, among other things, giving strategic leadership and direction to the organisation as well as providing strategies that will address the challenges faced by the department. Ms Rasikhinya is passionate about people development and empowerment.



Ms Y Chetty

Chief Financial Officer, Department of Energy

Yvonne Chetty holds a Bachelor of Accounting Science (Honours). Ms Chetty was previously Senior Finance Manager at Metrorail where she was, among other things, responsible for developing policies and procedures, compiling the annual budget as well as ensuring compliance with the Public Finance Management Act, 1999. In her new position, she will be required to formulate creative solutions to enhance cost-effectiveness and efficiency in the delivery of services and the administration of the department. She will also advise the DG on matters that have strategic and financial implications.



Dr N.O. Mkhize

Director-General:

Department for Women, Children and Persons with Disabilities

Dr Nonhlanhla Mkhize has extensive experience and has occupied senior positions in both the Public Service and the education sector. She was previously the acting DDG: Policy and Governance Branch in the Office of the Premier in KwaZulu-Natal. Her qualifications include a BA Honours, MA, BED as well as a D Litt et Phil. Dr Mkhize's achievements include facilitating the drafting of the Geographical Names Council Bill and coordinating the legislative process until it became an Act. She also initiated and facilitated the Telephone Interpreting Services for South Africa, which was piloted in all national government departments.

The World Festival of YOUTH AND STUDENTS

By Samona Murugan



Following the success of the 2010 FIFA World Cup™, South Africa will play host to the 17th World Festival of Youth and Students in December.

The National Youth Development Agency won the rights to host this event in South Africa through a bidding process

where countries were requested to make presentations in a process similar to that of the FIFA World Cup.

The festival is the most significant and important international youth event and attracts thousands of youth and student delegates from the 153 member countries of the World Federation of Democratic Youth, as well as presidents and ministers from various countries.

The World Festival of Youth and Students aims to:

- raise critical current issues to impact on the shaping of the world's governments and policies
- unite the youth of the world for peace, solidarity and social transformation to create a world free of human rights abuses and build sustainable environments
- mainstream and integrate youth development in all organs of state, the private sector and civil society for sustainable livelihoods
- initiate, facilitate, implement, coordinate and monitor development interventions aimed at reducing youth unemployment and promoting social cohesion
- advance youth development through guidance and support to initiatives across sectors of society and spheres of government

- embark on initiatives that seek to advance the economic development of young people.

The festival will take place from 13 to 21 December with the opening and closing ceremony being held at Orlando Stadium. Arts, culture and sport activities will take place daily at Mary Fitzgerald Square in central Johannesburg.

World Festival on Black Arts and Culture

As a young student, Senegal President Abdoulaye Wade played guitar in a local pop band. His love for music will be seen as he introduces the World Festival of Black Arts and culture known as Festac to his country from 10 to 31 December.

The festival is ground-breaking in every way, comprising exhibitions, forums, lectures and performances spanning 16 disciplines. These include cinema, traditional and visual arts, crafts, dance, music, urban culture, design, literature, fashion, photography, theatre, food, architecture, science and technology and sport.

The festival, themed *African Renaissance*, promises to be more than just a music festival or cultural symposium.

Festac has paved the way for many talented musicians in the industry today, such as Angeliqe Kidjo. The festival will showcase both local and international acts such as Kidjo, Akon, Salif Keita, Hugh Masekela, Bembeya Jazz and the Mahotella Queens, hip hop sensation Didier Awadi and Senegal's favourite sons Youssou N'Dour and Baaba Maal. The concert will be ticketed for crowd control but will be free of charge.

President Zuma's State of the Nation Address (SoNA) 2011

There can be no doubt that the annual SoNA is one of the most pivotal events on the Government's calendar. For the second year running, the SoNA will take place in the evening, at 19:00 on 10 February 2011.

The SoNA is an address to Parliament by the President of the Republic of South Africa, as the representative of the people, on the state of the South African nation. It is delivered annually to a joint sitting of Parliament (the National Assembly and the National Council of Provinces sitting together in one venue – the National Assembly Chamber).

It is one of the rare occasions when the three arms of state come together in one place – the Executive, the Judiciary and the Legislature. The SoNA generates much discussion politically because it sets the tone for what government will prioritise and focus on in the year ahead.

Following the SoNA, also look out for the:

- Debate on President's SoNA: 15 to 16 February 2011
- Reply by the President: 17 February 2011.

